

ZERO CAVITY CLUB

A newsletter by Dr.Snehal Hendriques



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FULL MOUTH REHABILITATION

**Your smile is a journey.
Let's plan it right.**

Full Mouth Rehabilitation (FMR) is not about treating every tooth. It is about understanding your mouth as a complete system and creating a personalised plan for a healthy, comfortable and natural-looking smile.



START:
UNDERSTAND YOUR
SMILE



DESTINATION:
HEALTHY, CONFIDENT
NATURAL-LOOKING
SMILE

**PLAN FIRST.
TREAT SECOND.**

UNDERSTANDING THE STARTING POINT

Every journey needs
a starting point.

Before treating a single tooth, we
first understand why problems are
happening.



WEAR & BREAKAGE

Why are your teeth
wearing down or
breaking?



YOUR BITE

Is your bite
comfortable and
balanced?



TEETH & GUMS

Are your teeth
and gums
healthy?



YOUR SMILE

What should your
final smile look and
feel like?



Treating the tooth is only
part of the solution.

*Understanding the cause is
what makes the plan work.*



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Then, we choose the right route.

Once we understand your mouth,
we create a personalised treatment roadmap.



**Tooth
Rebuilding**



Crowns



**Gum
Treatment**



**Replacing
Missing Teeth**



**Bite
Correction**



FMR DOES NOT MEAN CROWNING EVERY TOOTH.

It means doing only what is needed to rebuild
a healthy, comfortable and beautiful smile.



**Healthy
Gums**



**Balanced
Bite**



**Restored
Teeth**



**Better
Chewing**



**Natural
Smile**



**Future
Protection**



BEFORE



AFTER

REBUILDING MORE THAN SMILES.
*Restoring confidence. Changing
lives.*

**A personalised plan.
A partnership for life.**



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It's not about getting there fastest.

The goal of **FMR** isn't simply to finish treatment quickly. It is to achieve a result that is healthy, comfortable, functional, natural-looking and built to last.

HEALTHY

COMFORTABLE

FUNCTIONAL

NATURAL-LOOKING

LONG-LASTING



Your mouth is not a collection of individual teeth. It is one complete system.

Ready to understand what your smile needs?

Your treatment should begin with a plan — not just a procedure. Book your **Full Mouth Rehabilitation Consultation** and let us create a personalised roadmap for your smile.



BOOK YOUR CONSULTATION.



[Phone]



[WhatsApp]



[Website]

[Doctor Name]



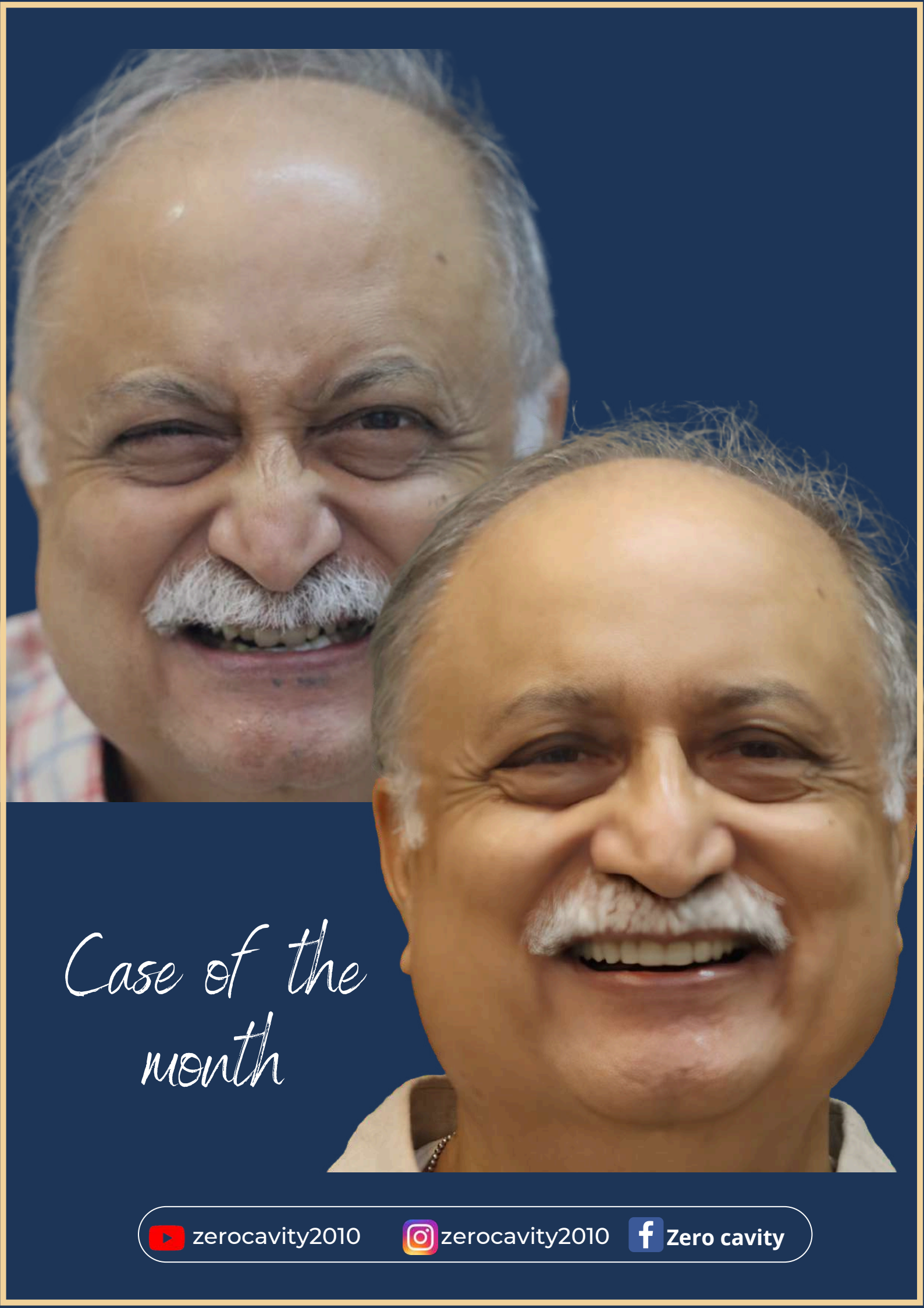
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*Case of the
month*



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A right treatment starts with the right information and diagnosis.

It includes

- X-rays
- Photographs
- Scans
- Medical history



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A Dental deprogrammer is given to relax the jaw muscles and find the true, healthy resting position of the lower jaw.



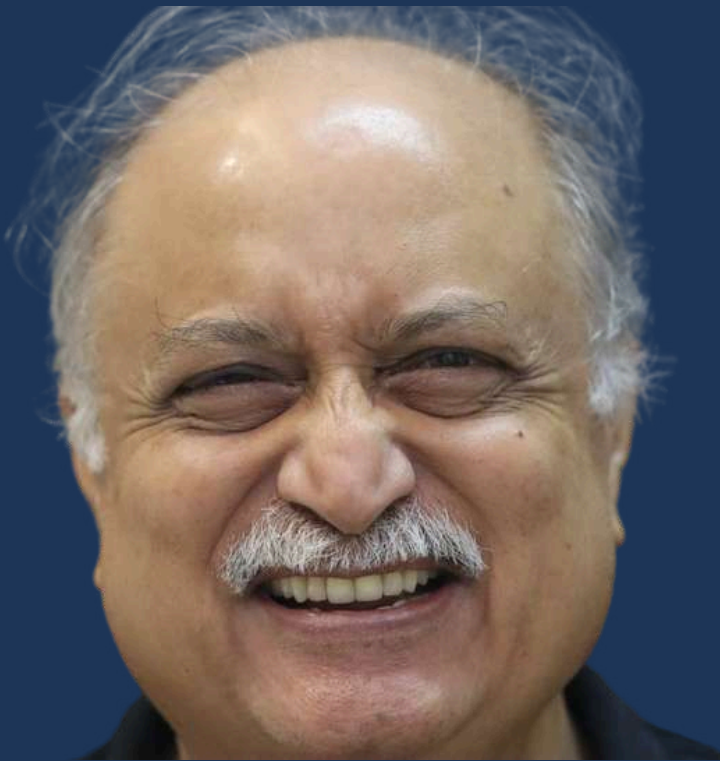
A digital/virtual mock up is prepared to give you an idea of the end goal- this forms the base of your teeth preparation, size, shape, position and bite of your final teeth

Your feedback is an important part of the planning process



Teeth are prepared using the digital mock up





A set of temporary teeth are given

They allow us to assess how the planned teeth look and function. This gives us time to confirm

- Smile appearance
- Tooth shape and length
- Bite and comfort
- Speech

If any changes need to be made can be done comfortably at this stage

The goal is not simply to make teeth look better. The aim is to create a balanced result that considers function, comfort, appearance and long-term maintenance.



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Once the design has been evaluated and finalized, the permanent crowns/restorations are carefully fabricated and fitted.



The final restorations are designed to complement your teeth, bite, facial features and smile.



*They say it..
We love it..*

Dr. Dhruti Mehta and her staff at Zero Cavity are absolutely Fabulous. I recently had an extensive and elaborate procedure - whole mouth rehab - done at Zero Cavity. Since I was short of time, Dr. Mehta had planned the entire 8 week procedure meticulously. During the procedure Dr. Mehta and Dr. Snehal were with me every step of the way. They explained the procedure before every appointment and followed through the next day to make sure everything was fine.

Dr. Mehta, Dr. Snehal, the clinical staff and the front office staff - they all genuinely care for your dental health.

It is now a month since my procedure, everything works great. Zero issues.

I very highly recommend Zero Cavity Dental Clinic.

Edit: I want to add here for my fellow NRIs that Dr. Mehta's dental clinic is super clean and she has the most modern equipment.

Mr. Manish Shah



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