

ZERO CAVITY CLUB

A newsletter by Dr.Snehal Hendriques



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HAPPY NEW YEAR 2026



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"Gaps in milk teeth mean something is wrong."

That is a MYTH

Gaps in milk (baby) teeth are not a problem — they're actually a good sign!



*"Spacing today
=
straighter smiles tomorrow"*



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Why gaps are important:

✓ Room for bigger teeth

Permanent teeth are larger than milk teeth. Gaps act like reserved parking spaces, helping adult teeth come in straight.

✓ Lower risk of crowding

Children with spaced milk teeth are less likely to need braces later due to overcrowding.

✓ Normal growth indicator


Gaps show that the jaw is growing well and keeping pace with facial development.

✓ Healthy bite development

Proper spacing supports correct alignment of the bite as adult teeth erupt.

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So when should parents worry?

▶ *If milk teeth are very tight with no gaps, it may increase the chances of crowding later and should be monitored by a dentist.*



Seeing a permanent tooth coming in behind a milk tooth



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Permanent teeth erupting behind milk teeth are common and usually temporary.

Stay Calm

Check if the Milk Tooth Is Loose

Observe



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When Should You See a Dentist?



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Book a dental visit if

- The milk tooth is not loose at all
- Both teeth remain together for more than 6 months
- The child has pain, swelling, or difficulty biting
- Multiple teeth are erupting this way
- The child is older than 8 years and the issue persists



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Progression of cavities



TIME



Early

Minimal or No treatment required



Restorative or Fillings required



Late

Extensive and ₹₹₹ treatment required

CASE OF THE MONTH

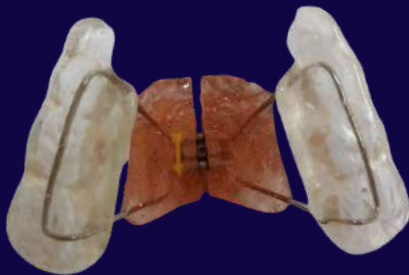
Why early intervention is key...

A child visited us with multiple caries and alignment issues, after caries management and simple interceptive orthodontic treatment we could correct the alignment to a certain extent and decrease the severity, so the braces treatment when required can be simple and shorter in future..



Palatally placed lateral incisor

At the start of the treatment



Expansion plate

Expansion Plate on the upper arch



After 3 months of expansion, the lateral incisor has aligned

After 3 months

We are extremely pleased with the staff and doctors, particularly Dr. Snehal Patel, who has made my son feel very comfortable from the beginning. They have developed a special bond over time, and he eagerly anticipates his return for dental check-ups. I strongly endorse them in the Matunga area, especially for children.

Ms. Konica Dedhia

