

ZERO CAVITY CLUB

A newsletter by Dr.Snehal Hendriques



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ALL YOU NEED TO KNOW ABOUT

FULL MOUTH REHABILITATION

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WHAT IS FULL MOUTH REHABILITATION?

1

Full Mouth Rehabilitation is a complete dental treatment that restores all or most of your teeth.

It helps improve:

Chewing ability

Speech clarity

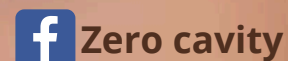
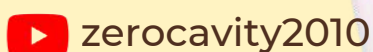
Increases longevity of teeth

Prevents further breakdown of teeth

Smile appearance

Overall comfort

Think of it as rebuilding your smile from the ground up.



DO YOU NEED IT?

2

Signs You May Need Treatment

- Difficulty chewing food
- Broken or worn-down teeth
- Missing multiple teeth
- Jaw pain or headaches
- Sensitive teeth
- Uneven bite

If you notice these signs, a consultation is recommended.



TREATMENT PLANNING

Every smile is unique!

Your dentist will:

Examine teeth & gums

Take X-rays / scans

Analyze your bite

Understand your goals

You may even see a preview of your new smile before treatment begins.



PROCEDURES INVOLVED

Treatments May Include:

Crowns – Protect damaged teeth

Bridges – Replace missing teeth

Implants – Permanent tooth replacement

Veneers – Improve appearance

Root Canal – Treat infection

Gum Treatment – Healthy foundation

Not all treatments are needed for everyone.



COMFORT & EXPERIENCE

5

Is It Painful?

Procedures are done under anesthesia
Minimal discomfort
Temporary teeth provided

You may feel:

- Mild soreness
- Temporary sensitivity

These usually go away quickly.



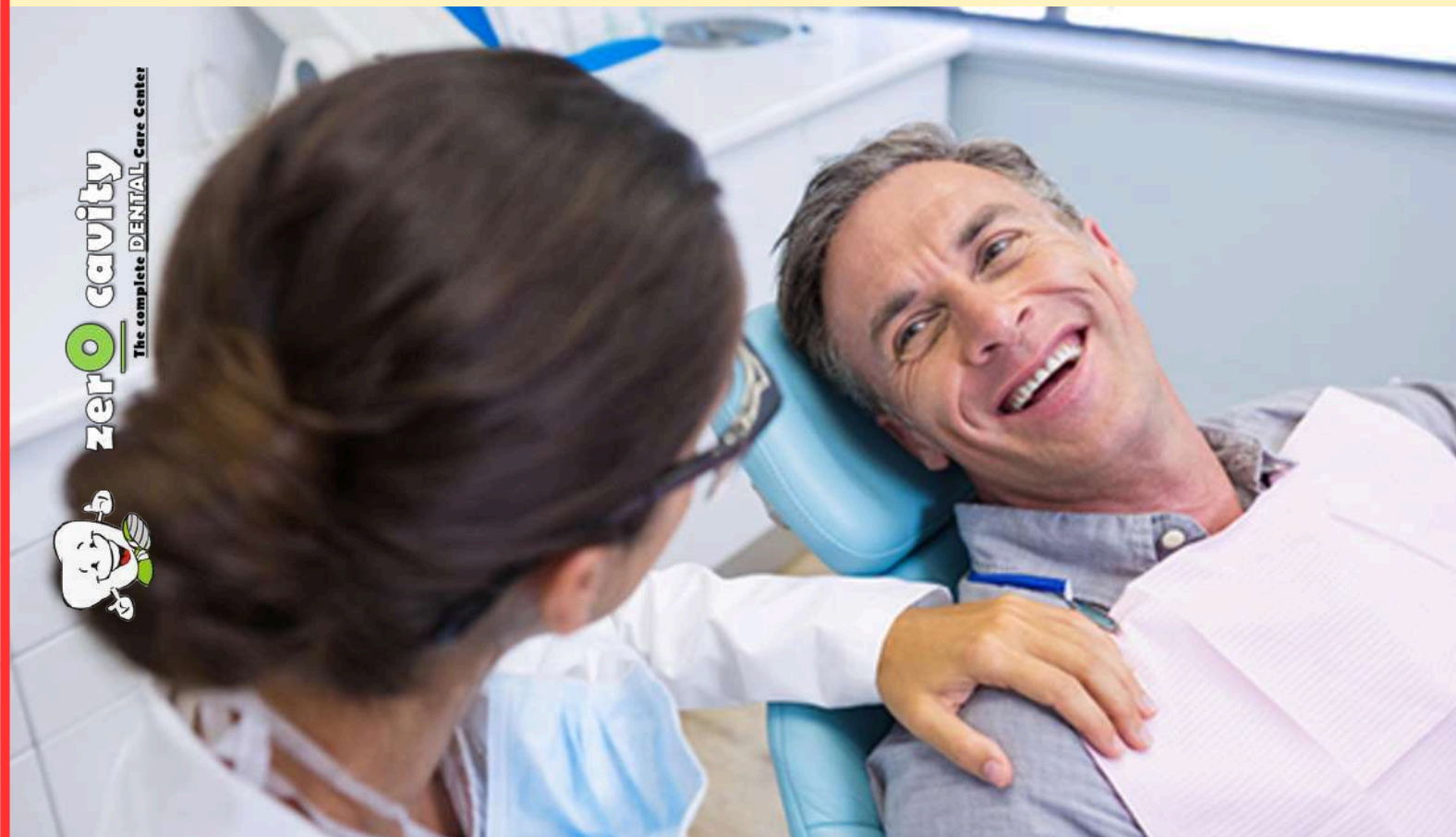
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The PROCESS



Patient's chief complaint:

1. Multiple teeth breaking and fracturing
2. inability to chew properly



Notice..

1. Loss of tooth structure
2. Wearing of outer layer of teeth



Collapsed bite : the upper and lower teeth not closing ideally

On further examination a treatment plan was given that starts with



A small appliance called deprogrammer is given to establish a comfortable position where the upper and lower teeth should meet to enhance function.



Precise Jaw relations are measured



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Before giving final restorations, temporary restorations are given to let the patient get comfortable with the new jaw relation, Patient comfort with speech, eating, and appearance is carefully monitored.

At this stage treatment like root canals, extractions, implants may be carried out



Once the patient is comfortable
The final restorations are given that enhance form and function of teeth and jaws

THE RESULTS





The comprehensive approach ensures balanced occlusion
and optimal function.
And a SMILE that is soo beautiful



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*They say it..
We love it..*

Dr. Dhruiti Mehta and her staff at Zero Cavity are absolutely Fabulous. I recently had an extensive and elaborate procedure - whole mouth rehab - done at Zero Cavity. Since I was short of time, Dr. Mehta had planned the entire 8 week procedure meticulously. During the procedure Dr. Mehta and Dr. Snehal were with me every step of the way. They explained the procedure before every appointment and followed through the next day to make sure everything was fine.

Dr. Mehta, Dr. Snehal, the clinical staff and the front office staff - they all genuinely care for your dental health.

It is now a month since my procedure, everything works great. Zero issues.

I very highly recommend Zero Cavity Dental Clinic.

Edit: I want to add here for my fellow NRIs that Dr. Mehta's dental clinic is super clean and she has the most modern equipment.

Mr. Manish Shah

