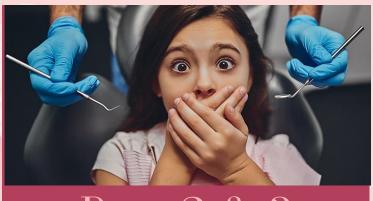
MARCH 2021

Zero Cavity Club

A NEWSLETTER BY DR. SAILI MASURKAR





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Overcome your
dental fear



Page 4
Happy Patients



HAVE NO FEAR, SOLUTIONS ARE HERE!

Given the importance of oral care to your overall health, a fear of the dentist shouldn't hold you back from regular checkups or treatments. Still, it's not easy for everyone to just simply go to the dentist.

Here are some coping mechanisms to help you deal with the fear..

Use headphones and videos for distraction





Talk with the dentist and understand about the treatment in detail

Never
underestimate the
power of just
inhaling and
exhaling





You may take anxiety-relieving medicine after consulting a doctor

Start with small treatments like cleaning





Bring your near and dear ones along with you

THANK YOU FOR YOUR ONLINE REVIEWS!

The doctors are very nice.. very co-operative n sweet.. must say - very hygienic also.. kids too feel very comfortable n like to visit her happily without any fear..

- Mrs. Dhwani Shah

YOUR ONLINE REVIEWS TELL PROSPECTIVE PATIENTS ABOUT OUR PRACTICE BETTER THAN WE CAN!