

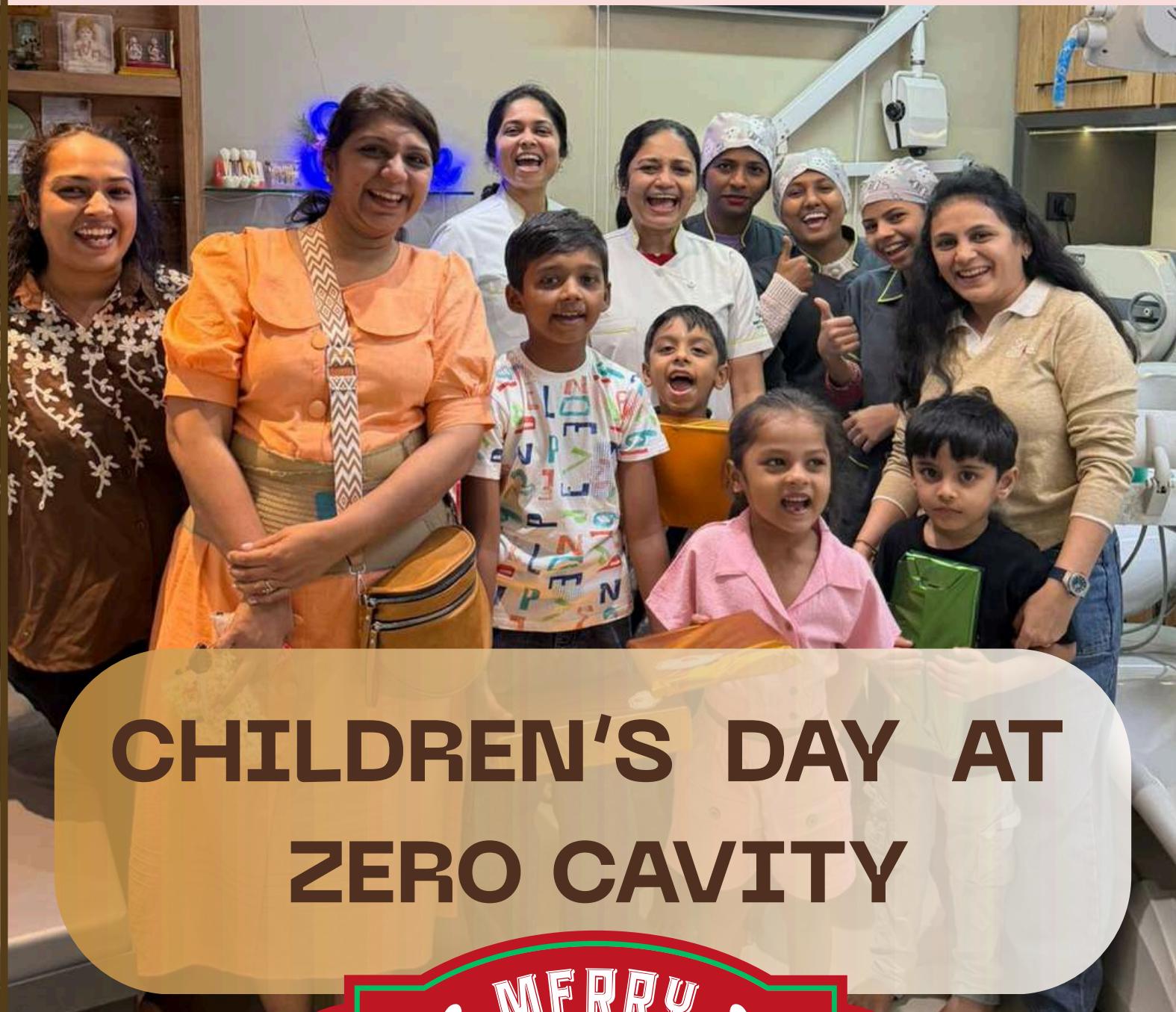
ZERO CAVITY CLUB

A newsletter by Dr.Snehal Hendriques

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CHILDREN'S DAY AT ZERO CAVITY



Why Milk Teeth Are Important



1. Help with chewing

Milk teeth let children break down food so they can eat well.

2. Help with speech

They're needed to make sounds correctly.

3. Keep space for adult teeth

They act as placeholders so permanent teeth grow in straight.

4. Support jaw and face growth

Chewing helps the jaw develop properly.

5. Prevent pain and infection

Healthy milk teeth protect overall health.



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No teeth yet??

This is how you clean your baby's mouth



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- **Wash your hands.**
- **Wrap a clean, damp soft cloth or use a baby gum cleaner on your finger.**
- **Gently wipe the gums, tongue, and inside of the cheeks after feeding.**
- **Do this once or twice a day to keep the mouth clean and prevent bacteria buildup.**

Simple routine: Damp cloth → gentle wipe → done.

Baby's First Tooth !!

Here is what you should look out for..



- **Drooling more than usual**
- **Putting hands/objects in the mouth**
- **Swollen or red gums**
- **Irritability or fussiness**
- **Trouble sleeping**
- **Reduced appetite**
- **Rubbing cheeks or pulling ears**

These signs usually appear a few days before a tooth comes through.



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Teething issues.. we have got you covered



- **Give a clean, chilled teething ring (not frozen).**
- **Gently massage the gums with a clean finger.**
- **Offer cold washcloth for them to chew on.**
- **If needed, ask your dentist about pain relief suitable for your baby's age.**

Give extra cuddles and comfort.



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WINNERS OF CHILDREN'S DAY CONTEST



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"At 72, he regained more than a smile—full-mouth implants restored his ability to eat without fear and renewed his self-confidence."



BEFORE



AFTER



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The complete DENTAL Care Center



*They say it..
We love it..*

We are extremely pleased with the staff and doctors, particularly Dr. Snehal Patel, who has made my son feel very comfortable from the beginning. They have developed a special bond over time, and he eagerly anticipates his return for dental check-ups. I strongly endorse them in the Matunga area, especially for children.

Mrs. Konica Dedhia



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