

ZERO CAVITY CLUB

A newsletter by Dr.Snehal Hendriques

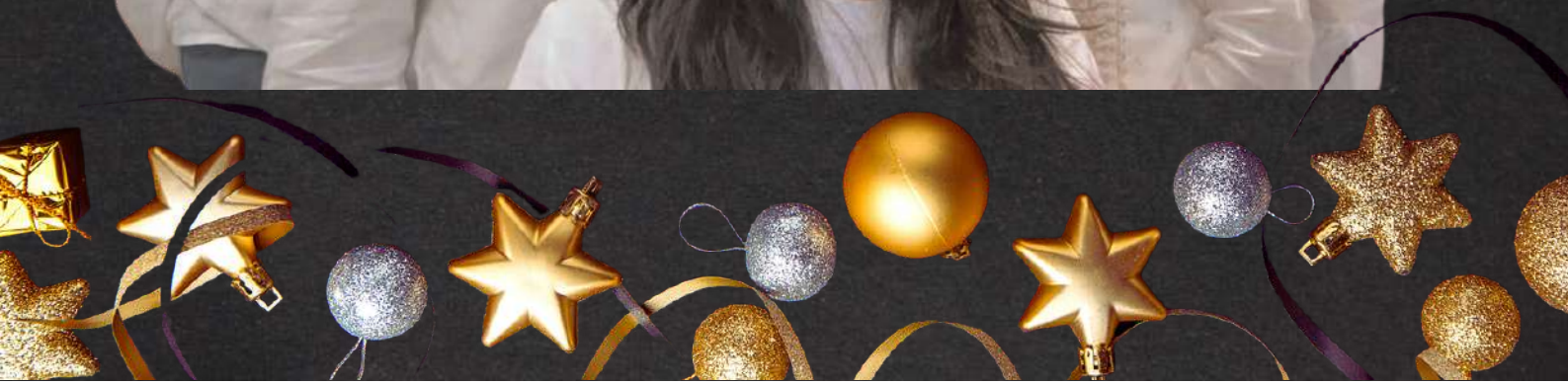
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 Zero cavity

HAPPY NEW YEAR

2024





Q: *Do whitening toothpastes actual work or are they just to attract consumers??*

A: *Over the counter whitening toothpastes are not effective neither are DIY whitening agents like lemon or charcoal.*

Whitening done at the dentist is most effective, longlasting and non side effects.

Q: *Can i use a desensitizing toothpaste on a daily basis ?*

A: *Desensitizing toothpaste may relieve pain temporarily, and should not be used daily for a prolonged period as it may mask the actual root cause of the pain and lead to a bigger problem eventually.*





Q: *Are tooth colour fillings better than silver fillings?*

A: *Tooth colour fillings do not require removing a lot of normal tooth structure, bonds to your tooth and are aesthetic too, hence more people opt for toothcolour fillings over silver fillings.*

Q: *Is whitening effect permanent if done by a dentist?*

A: *Professional teeth whitening is most effective, safe, longlasting with no side effects. Depending on your diet and habits its effect lasts anywhere between 1 to 3 years.*







They say it, we love it!

Dr Dhruvi and Dr Snehal were very excellent. Throughout the process, they were very gentle, and all the staff made me feel comfortable. Dr Manthan Desai performed the Periodontal flap surgery, I have not felt any pain and he ensured I had no fear about the procedure.

He minimised the number of teeth I was supposed to lose.

Really happy with the service, thank you very much to the whole team.

Mrs. Malini Kumbhani