

AUGUST 2023



# ZERO CAVITY CLUB

A newsletter by Dr.Snehal Hendriques

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zerocavity2010



Zero cavity

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Before -After**

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They say it we love it**



# Frequently asked dental questions

## HOW TO SELECT THE RIGHT TOOTHBRUSH?

BRISTLES

Soft bristles  
easy on gums and teeth

HEAD SIZE

Small head  
reaches every corner of  
mouth

HANDLE

Good grip and non slip

TYPE

Electric toothbrush

DURATION

Change every 3 months

## HOW TO SELECT THE RIGHT TOOTHPASTE

### CHECK THE LABEL

Any white **FLOURIDATED** toothpaste.





# TOOTHBRUSH

Which is better?

**ELECTRIC**



**MANUAL**

## ELECTRIC

- Small head size for easy accessibility
- More efficacy in plaque removal
- Built in timers



**Can a water flosser replace  
regular string floss**



**WATER FLOSSER CANNOT REPLACE  
REGULAR STRING FLOSSING**



String floss is the most effective way to clean dirt and debris between teeth thus maintaining gum health and preventing cavities,

Water flosser can only be used as an addition to your routine oral hygiene regimen

**zero cavity**

The complete **DENTAL** Care Center



**BEFORE**



**AFTER**



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*They say it, we love it!*

Dr Dhruvi Mehta Dr Snehal and entire team at Zero Cavity are a power & empathy packed clinic. Kudos to them all.

I highly appreciate Dr. Dhruvi's patience with my senior citizen father for a consultation & answering all his queries patiently.

She also spoke in Marathi for his comfort level.

As for my own service, I had a very professional & efficient teeth treatment done. Everything from appointment to service ambience & explaining was all done very timely.

I also noticed the messages on the tv screen while waiting & such small details made my visit a pleasant one.

Thank you to this wonderful team at Zero Cavity clinic.

**Jayita Phulsunge**



**Lastly..**

**Wishing one and all**

**A Happy Independence Day!!**



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